



# the regina

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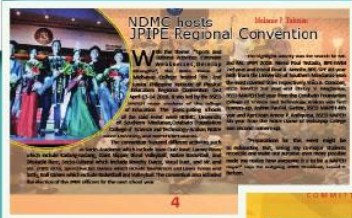
The Official Student Publication of the Notre Dame of Midsayap College  
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## choose your summer



## This is sooo Summer...

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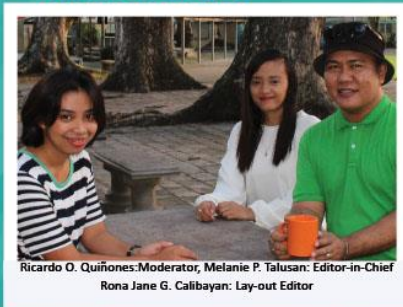


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## Editorial Board



Ricardo O. Quiñones: Moderator, Melanie P. Talusan: Editor-in-Chief  
Rona Jane G. Calibayan: Lay-out Editor

Just hearing the word “summer” and realizing that this season has finally come, our fun and jam list has been full again. Whatever goal you choose to achieve, never forget that you have the power to make fun in the sun because not all has price some are surprisingly free



about the cover...

## Editor's Note

It's summer time!

It is the time to take a break from your stressful work or school stuffs. Certainly there are a variety of choices how to spend summer productively. You may choose a cool spot at the beach or enjoy the cold treats around like halo-halo or fruit shake. Should you want to save from the crazy expenses you may opt for a staycation. Summer is also the most fitting time to catch up with your old friends. Save a date to meet them and have fun under the sun. Summer time can also be a family time. You can relish your vacation by bonding with your family and relatives. You will be surprised how far your creativity can go to achieve the best summer of your life. However you may want to spend your summer, it is important that you enjoy what you are doing.

*Go ahead, choose your summer goal and give yourself a break.*

Mel



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## NDMC hosts JPIPE Regional Convention

Melanie P. Talusan

With the theme: “Sports and Cultural Activities Eliminate Weaknesses, Develop Strengths.”, the Notre Dame of Midsayap College hosted the 2nd Junior Philippine Institute of Physical Educators Regional Convention last April 13-14, 2018. It was led by the BSED MAPEH major students of the College of Education. The participating schools of the said event were NDMC, University of Southern Mindanao, Cotabato Foundation College of Science and Technology-Arakan, Notre Dame University, and MAPEH/BPE alumni. The convention featured different activities such as Socio-Academic which include Team Quiz Bowl; Larong Pinoy which include Kadang-kadang, Giant Slipper, Blind Volleyball, Native Basketball, and Obstacle Race; Socio-Cultural which include Novelty Dance, Vocal Duet, and Mr. and Ms. JPIPE 2018; Sports Racket Games which include Badminton and Lawn Tennis and lastly, Ball Games which include Basketball and Volleyball. The convention also included the election of the JPIPE officers for the next school year.

The highlight activity was the search for Mr. and Ms. JPIPE 2018. Nereo Paul Testado, BPE-SWM 2nd year and Kristal Pearl R. Antolin, BPE-SPE 4th year both from the University of Southern Mindanao won the most coveted titles respectively. Niño A. Comcom, BSED MAPEH 3rd year and Christy V. Magbanua, BSED MAPEH 3rd year from the Cotabato Foundation College of Science and Technology, Arakan won first runners-up. Justine Paul M. Gattoc, BSED MAPEH 4th year and April Jean Amour P. Antiquesa, BSED MAPEH 4th year from the Notre Dame of Midsayap College won second runners-up.

“Preparations for this event might be so exhausting. But, seeing my co-major students reconcile and make our purpose even more possible made me realize how awesome it is to be a MAPEH major.” says the outgoing JPIPE President, Jessiel T. Borbon.

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# Fr. Jonathan turns 25

Rona Jane G. Calibayan

At 29, he was ordained as Oblate of Mary Immaculate priest on April 24, 1993.

The current NDMC President, Fr. Domingo was joined by the NDMC community celebrating his 25th silver anniversary of priesthood last April 25, 2018. The celebration was started with a Eucharistic mass at the Primera Function Hall.

Netizens from around the world watched the monumental occasion in real time setting through Facebook Live Notification. The celebration was capped with a luncheon at the Primera Function Hall.

The celebrant was all smiles and in high spirit as he was greeted by his family, OMI colleagues, the NDMC community and friends from Notre Dame Broadcasting Corporation.

*Priesthood is a passionate vocation to serve the Lord with love and faith.*

Such is the story of Fr. Jonathan R. Domingo, OMI, who 25 years ago saw his calling in serving the humanity through a religious vocation.



# Summer Fest 2018 Spreads the Fun

Melanie P. Tolusan

The Summer Fest 2018 anchored with the theme, "Unleash the Colors of Summer's Fun" was celebrated last May 07, 2018 at the Bulwagang Genoveva Deles Jaranilla. The students were divided into three teams namely: Yellow Bee, Blue Whale and Red Horse.

The festivity featured different games such as Flour Relay, Sack Race with a Twist, Let's Eat Together, Let's Drink It Up, Human Basketball, Eating Contest, and Blind Volleyball. The students also enjoyed their Sugba Time during lunch break. The afternoon event includes different contests like the Search for Mr. and Ms. Summer Fest 2018, Your Face Sounds Familiar individual and group category, Booth Making contest and Boom-Boom Mass Dance Challenge.

The highlight activity was the search for Mr. and Ms. Summer Fest 2018.

John Kenneth A. Denoso, BSCrim 3rd year and Nicole L. Alamada, BSED MAPEH 4th year won the most coveted titles respectively. Dejerida Baby Jen P. Bayona, BSAct 3rd year and John Mark B. Rizado, BSIT 3rd year won first runners-up. Ypril Rose Anne S. Malana, BSBA- Fin. Mgmt. 2nd year won second runner-up.

Different exposures were contested by the candidates. John Kenneth A. Denoso and Nicole L. Alamada won Best in Jeanswear, Sportswear, and Summerwear. The Best in Interview was awarded to John Kenneth A. Denoso and Ypril Rose Anne S. Malana.





“Her charisma and genuine care have won the hearts and votes of NDMC studentry to assume the highest political position in the college. Get to know more of the visions and thoughts of the lady president.”

## Zarah at Your Service; Now Signing On...

Zarah Louise S. Mahinay BS Accounting Technology-3

### What/Who motivated you to run as SSG President?

Looking back, I grew up seeing my father serve the people with dignity, integrity and a heart. From then, that became my inspiration to serve as well. I was in the middle of filing and not because I was afraid that I might disappoint people, on the other hand I wanted to file because serving has been a part of my system. I asked for His guidance; and I asked myself, “What would my papa say if he was here?”. And, I knew from my heart that he would tell me to run, and that motivated me so much to pursue my presidency.

### What did you tell yourself upon filing your candidacy as SSG President?

When I handed my Certificate of Candidacy to the COMELEC, I told myself that there is no turning back now, I will embrace the pros and cons of my actions and I said that this fight is not only mine but it is also the fight of the studentry.

### It took three school years to welcome another woman president, does that spell difference in student governance?

Whether if it is a man or woman, there will always be some sort of difference, because every leader is unique. We differ on how we address problems and how we do things. We have different kinds of focus and issues that we want to address during our administration.

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### Studies, love life, and student governance, how do you maintain balance?

“Student Leader”, student comes first before the leader. I always believed that; if you cannot handle your own studies, then how can you manage the student body. I always see to it that I finish my responsibilities as a student and do my academic tasks on time. I listen to classroom discussions eagerly because that lessens the time for studying. I do not mix my academic struggles with my SSG duties. When I enter the office, my attention is on the office works. It is important that I found someone who is willing to wait for me, until my family approves, he understands that my top priority right now is my studies and one who supports my passion in life and that is serving the people, which helped me balance it all.

### What is your leadership style?

I am into a Democratic type of leadership. I am the type of leader that shares the decision making task to my subordinates for the interest of the better good, while guiding them which best option to take. I promote the right of the people to take part and be a part in making decisions. I find this effective and efficient because it gives me the opportunity to know more my subordinates and listen to what would they want to happen and to not happen. I believe that nothing beats an administration that is one with its people.

### Message to NDMC studentry.

To my beloved NDMC studentry, always know that you have your “sandigan”, your officers. We, as your SSG officers are happy to be with you, to serve you wholeheartedly and bestow upon you the best service we could offer. We will not be here without you. Remember to enjoy your stay in the NDMC campus while doing your studies; do not let the pressures of academic life bring you down. Learn to balance your priorities and have enough time for rest and relaxation, we will do our best to provide you activities as an outlet to release your stress. May you continue to journey with us as another school year unfolds, because in you we find our strength and serving you is our ultimate joy. Thank you very much for your untiring support and trust, may we continue and improve what we have started. One Notre Dame!

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# SELF@CE



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# SELF@CE



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## POINT OF VIEW: Monthly Female Pregnancy Test and Monthly Male Haircut Inspection



**Jessalyn Milagrosa BSEd English - 3**

There are colleges which allow students to still go to school even if they got pregnant, so what is it for to have pregnancy test?

**Juneza D. Magallanes, BEEd Preschool - 3**

I think it is good to implement this in our school. Some of our students are not aware that they are pregnant. This monthly female pregnancy test will help them become responsible mothers.



**Niel B. Caalim BSEd English - 3**

Proper haircut should be observed by male students but inspection can be implemented once in two months or in a quarter, not monthly.

**Glen Justin Belmoro BSBA - 2**

Kailangan natin ito upang mapaganda ang imaheng mga kalalakihan. Ito rin ang magiging daan upang ang lahat ng mga lalaki ay magpapagupit buwan-buwan. Sa pamamagitan rin nito ay magiging malinis tignan ang mga lalaking estudyante sa ating paaralan.



## POINT OF VIEW: LED Wall Flashing School Activities Going On

**Glendel Lou A. Cahilig BSEd English - 3**

It's very beneficial for it can help the students to keep track with the activities in the school. Some students don't have gadgets to keep up with the activities that's why it is a need for the school to have this LED Wall.



**Bairaiasha A. Adam BEEd - 3**

The funny reality here is that ever since I came into this school, I sometimes feel like don't know what is happening. And know that some students can relate to me. So, it will be very helpful for us to be aware of whatever's going on at school. Activities can also be more meaningful.



**Cabilo, Norhata T. BEEd - 3**

Implementing LED Wall flashing school activities going on is very helpful to us. Since we have many activities in school, we will benefit well in this LED wall. We will be able to attend activities even if we haven't heard about it. Just merely looking at the LED wall can tell us if there is or there is no activities in school.



**Janica Febb R. Uy BSEd English - 3**

I think it's time to have a modernization especially involving school activities. This is an ideal way to improve the students' involvement and to keep them aware and updated.







# Huling Hirit sa Tag-init

To: **Kathleen Mae C. Valenzuela, BEEd - 3**

Kath! Pinaka-garbosa nga anak sang Diyos. Padayon lang sa paglambo sa imong kinabuhi. Ayaw kalimot sa mga tawo nga nagapalangga nimo!

Stay sweet. Hahaha. Mura ka'g yema. Labyuu XD  
-GGXD



To: **Romela Paquillo, BSBA - 3**

Cous, salamat sa lahat-lahat. I know, I did not tell you this personally but you mean a lot to me and no one can ever replace you in my heart. Kaya ikaw, dapat may space din ako sa heart mo, hindi puro boyfriend mo lang. Study first cous and know your limitations. I love you so much kaya. Muah! Muah! Take care always cous.

-Anonymous



To: **Benmar D. Caballero, BTTE - 3**

A good public speaker. Na-inspire jud ko anang attitude mo nga ing-ana kay gusto pud nako nga mugawas sa akong comfort zone. Ikaw kay mahubsan na ka'g laway, unya ako kay malumos na sa akong laway.  
-J



To: **Marvin Toledo BSEd Filipino - 3**

Kamusta kana? Saan na ang dating barkada? Dinig ko iniwan na nila tayo? Wala na tuloy tayong kasama sa pagloloko. Sana naman bago nila tayo iniwan ay nakapaghuling hirit tayo sa ating tambayan.

-OinkOink mong Anak



# Wansafunnytime



Q: "Saang bansa matatagpuan ang mga Canadians?"

A: "Canadia!"



Q: "Sinong higanteng G ang tinalo ni David?"

A: "Godzilla?"

Q: "Kumpletuhin -Little Red \_\_\_\_\_."

A: "Ribbon!"

Q: "Fill in the blanks - Beauty is in the eye of the \_\_\_\_\_."

A: "Tiger?"



Q: "Ano ang tawag mo sa anak ng taong grasa?"

A: "Baby oil?"

Q: "Ano ang kinakain ng monkey-eating eagle?"

A: "Saging!"

Q: "Saan karaniwang ginagawa ang mga sweets na ginagamit sa halu-halo?"

A: "Sweetserland?"



Q: "Kung ang H2O ay water, ano naman ang CO2?"

A: "Cold water!"





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